



Help Me Be Good About Throwing Tantrums

Joy Berry

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Ages 4–7

As an educator, human developmentalist, and the “Inventor of Living Skills Books for Kids,” Joy Berry knows kids. Her books teach children about taking responsibility for themselves and their actions. With sales of over 85 million books, Joy has helped millions of parents and their children.

Help Me Be Good About Throwing Tantrums helps children replace “Misbehavior” (throwing tantrums) with a good behavior in an inviting format that includes text and cartoons.

Each book in the Help Me Be Good Series defines a misbehavior, explains the cause of the misbehavior and its negative effects, and offers children and parents practical advice for tuning the misbehavior into acceptable behavior.

The complete Help Me Be Good series includes:

Being a Bad Sport
Being Bossy
Being Bullied
Being Careless
Cheating
Complaining
Being Destructive
Disobeying
Fighting
Being Forgetful
Gossiping
Being Greedy
Interrupting
Being Lazy
Lying
Being Mean
Overdoing It
Breaking Promises
Being Rude
Being Selfish
Showing Off
Snooping
Stealing
Throwing Tantrums
Tattling
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