



# **The Challenging Child: Understanding, Raising, and Enjoying the Five "Difficult" Types of Children**

*Stanley I. Greenspan*

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Most children fall into five basic personality types that stem from inborn physical characteristics: the sensitive child, the self-absorbed child, the defiant child, the inattentive child, and the active/aggressive child. Stanley Greenspan, M.D., is the first to show parents how to match their parenting to the challenges of their particular child. He identifies and vividly describes these five universal temperaments and then, with great empathy, shows parents how each of these children actually experiences the world and how to use daily childrearing to enhance an individual child's strengths and talents.

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