



# How To Become a Schizophrenic: The Case Against Biological Psychiatry

*John Modrow*

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## **How To Become a Schizophrenic: The Case Against Biological Psychiatry** John Modrow

demonstrates the physical, psychological, and social harm resulting from the label schizophrenic and the continuous need to reexamine the underpinnings and attitudes of psychiatry. Booklist Of all the books written about schizophrenianone is more comprehensive, accurate, thorough, and clearer in style and statement than John Modrows classic How to Become a Schizophrenic. Modrow, who is a recovered schizophrenic and is, perhaps, the unrecognized and unappreciated worlds foremost authority on this disorder, has performed a truly invaluable service and has made the major contribution to our understanding of the causes and cures of this pseudodisease. Robert A Baker, Ph.D., former chairman of the Department of Psychology, University of Kentucky; author of They Call It Hypnosis, Hidden Memories: Voices and Visions from Within and Mind Games: Are We Obsessed with Therapy? One of the best things Ive read on the subjectI am struck by the richness of the ideas and the research and the soundness of the conclusions. Peter Breggin, M.D., founder and director of the International Center for the Study of Psychiatry and Psychology; author of Toxic Psychiatry and Talking Back to Prozac a very important contribution to the field. Theodore Lidz, M.D., former chairman of the Department of Psychiatry, Yale University; author of The Origin and Treatment of Schizophrenic Disorders and Schizophrenia and the Family well researched and easily readable (a difficult combination to achieve)! Judi Chamberlin, author of On Our Own: Patient-Controlled Alternatives to the Mental Health System meticulously challenges all the major research that claims that schizophrenia is a biological disorder.<

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