



# Unburdened: The Christian Leader's Path to Sexual Integrity

*Michael Todd Wilson*

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## **Unburdened: The Christian Leader's Path to Sexual Integrity** Michael Todd Wilson

You're not the only one. The question is not whether you struggle with sexual integrity, but *how* you struggle. Male Christian leaders are among Satan's primary targets for sexual sin and temptation, but many men are still burdened by past and current mistakes, needlessly struggling with shame and silence. Michael Todd Wilson understands these challenges and provides honest, grace-filled counsel drawn from years of experience helping men pursue greater sexual integrity. He uncovers the everyday tendencies that keep us from overcoming our personal obstacles and provides fresh ideas to live in the light. *Unburdened* is perfect for individuals, groups or one-on-one mentoring relationships. Whether you're still living with hidden sin or continuing to distance yourself further from its reach, step into the path of an expanding freedom to move beyond the sexual restraints that so easily bind us all.

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