



The Great Physician's Rx for Women's Health

Jordan Rubin

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Women—who are not only responsible for their own health but frequently the health of their husbands, children, and aging parents—are sick and tired of being sick and tired. They simply want more out of life, especially when they are dealing with the health challenges unique to women, like the "baby blues," breast cancer, menopause, and bone loss. These women want biblically based and medically sound solutions. To them, life is all about thriving, not just surviving.

Now, best-selling author Jordan Rubin, along with his wife, Nicki, and Pancheta Wilson, MD, take biblical and natural health concepts and formulate a plan to help you transform your health and live the life you've always dreamed of.

The Great Physician's Rx for Women's Health will empower you to achieve maximum energy, attain your ideal weight, enhance your immune system, improve your digestion, reduce your risk for diseases such as breast cancer and osteoporosis, and best of all, make this the healthiest year of your life.

If you desire to run the race of life with excellence, then *The Great Physician's Rx for Women's Health* is your road map.

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