



Understanding Nursing Research: Building an Evidence-Based Practice, 6e

Susan K. Grove PhD RN ANP-BC GNP-BC, Jennifer R. Gray PhD RN FAAN, Nancy Burns PhD RN FCN FAAN

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As the bestselling nursing research text, **Understanding Nursing Research: Building an Evidence-Based Practice, 6th Edition** offers unique insights into understanding, appraising, and applying published research to evidence-based practice. It is known for its authoritative content, time-tested systematic approach, and unique research example format - newly redesigned for the sixth edition to better demonstrate how the steps of the research process relate to evidence-based nursing.

- **Authoritative content** is written by two of the true pioneers in nursing research, who offer unique, first-hand insights into the field.
- **Research examples** provide practice in working with published studies, with many of the examples including *Critical Appraisal* and *Implications for Practice* sections.
- **Clear, step-by-step organization** introduces the research process and demonstrates how this systematic framework relates to evidence-based practice.
- **Strong emphasis on evidence-based practice** helps you develop skills in studying and appraising published research, so you are prepared for your role in working with research evidence.
- **Critical Appraisal Guidelines boxes** provide step-by-step guidance in appraising published research studies.
- **Emphasis on critical appraisal versus critique** reflects contemporary usage in nursing research and evidence-based practice.
- **Balanced coverage of qualitative research** prepares you to approach research questions and clinical questions with an unbiased view of the researcher's methodology.
- Presentation of **two different appraisal processes** covers both the **traditional in-depth critical appraisal process** that prepares you for graduate-level work in research, and the concise, **practice-focused research appraisal process** that equips you for quick and accurate evaluation of the applicability of research findings to clinical practice.
- **NEW! Redesigned research example format** includes research examples have been thoroughly redesigned with a clear hierarchy of subcategories.
- **NEW! Improved focus on need-to-know content** and greater use of bulleting, creative illustrations, and tables, employs a more consistent, streamlined approach from chapter to chapter.
- **NEW! Updated research examples** ensure you are learning through the most clinically relevant topics and studies.
- **NEW! Detailed directions on how to critically appraise research syntheses** - such as systematic reviews, meta-analyses, meta-syntheses, and mixed-methods systematic reviews - increase your understanding of the types of research syntheses conducted in nursing and how to determine the quality of these syntheses and the relevance of their findings for practice.
- **NEW! A unique emphasis on QSEN**, aided by the input of a QSEN consultant, increases the book's relevance to national curriculum standards and promotes the safe practice of nursing by using the most current research.
- **NEW! Chapter on the *Enhanced Literature Review*** provides guidelines for structure of reviews written

for different purposes.

- **NEW! More practically focused chapter on *Outcomes Research*** better addresses the trending topic of outcomes research.
- **NEW! Expanded coverage of mixed-methods research and translational research** responds to the growing emphasis on these research emphases.
- **NEW! Expanded coverage of cultural competency and cultural validity** provides valuable information for providing care to diverse populations and understanding the validity of research instruments in various cultures.
- **NEW! Quick-reference tools** include a *Brief Table of Contents*, a new *Levels of Knowledge* illustration, and other evidence-based practice information inside the front cover. A *Research Designs and Statistical Analysis Techniques Reference* and a new *Key to Statistical Symbols* are located inside the back cover.
- **NEW! Enhanced illustration program** incorporates re-colored illustrations and additional full-color illustrations in each chapter.
- **NEW! Additional design enhancements** include a special 1-column adaptation of the RN Design standard, table row separators, and newly designed chapter openers.

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