



Naked, Drunk, and Writing: Shed Your Inhibitions and Craft a Compelling Memoir or Personal Essay

Adair Lara

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The material is right there in front of you. You've known yourself for, well, a lifetime—and you finally feel ready to share your story with the world. Yet when it actually comes time to put pen to paper, you find that you're stumped.

Enter Adair Lara: award-winning author, seasoned columnist, beloved writing coach, and the answer to all of your autobiographical quandaries.

Naked, Drunk, and Writing is the culmination of Lara's vast experience as a writer, editor, and teacher. It is packed with insights and advice both practical (“writing workshops you pay for are the best--it's too easy to quit when you've made no investment”) and irreverent (“apply Part A [butt] to Part B [chair]”), answering such important questions as:

- How do I know where to start my piece and where to end it?
- How do I make myself write when I'm too scared or lazy or busy?
- What makes a good pitch letter, and how do I get mine noticed?
- I'm ready to publish—now where do I find an agent?
- If I show my manuscript to my mother, will I ever be invited to a family gathering again?

As thorough and instructive as a personal writing coach (and cheaper, too), *Naked, Drunk, and Writing* is a must-have if you are an aspiring columnist, essayist, or memoirist—or just a writer who needs a bit of help in getting your story told.

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