



Declutter: 28 Super Habits for Decluttering your Life, Schedule and Home (Declutter, decluttering, declutter your life)

Anna Dekker

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Does the clutter filling your life overwhelm you? Do you look at your schedule for the day or week and it fills you with dread because you know you can't get everything done on your schedule? And does your home just stress you out every time you think about the closets that need organized and the junk drawers that need tending to?

We all have clutter in our lives – it's part of human nature to be so caught up in the busy day-to-day activities that we don't have time to mess with the clutter building in our lives. This book is here to give you the tools to solve that problem. We are going to help you build and maintain daily habits that function as guides and tools to clear the clutter from your life, your schedule and your home. Ultimately, you will find that the clutter piling up all around you, both figuratively and literally, will disappear and be replaced with peaceful feelings and a stress-free living environment.

Here are a few of the 26 habits you will find out in this book:

- Decluttering your life using routines, deadlines, and learning not to procrastinate
- Decluttering your schedule by using a planner, creating to-do lists and learning to prioritize
- Decluttering your home by using the rule of five, understanding that everything should have value and giving up bargain shopping

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People live in this new day time of lifestyle always aim to and must have the extra time or they will get wide range of stress from both everyday life and work. So , if we ask do people have spare time, we will say absolutely of course. People is human not a robot. Then we inquire again, what kind of activity are there when the spare time coming to anyone of course your answer will certainly unlimited right. Then do you try this one, reading ebooks. It can be your alternative within spending your spare time, often the book you have read is definitely Declutter: 28 Super Habits for Decluttering your Life, Schedule and Home (Declutter, decluttering, declutter your life).

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