

The Good Girl's Guide to Great Sex: (And You Thought Bad Girls Have All the Fun)

Sheila Wray Gregoire

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Billions of people have had sex. Far fewer have made love. In the Good Girl's Guide to Great Sex, author Sheila Wray Gregoire helps women see how sexual intimacy was designed to be physically stupendous but also incredibly intimate.

Whether you're about to walk down the aisle or you've been married for decades, The Good Girl's Guide to Great Sex will lead you on a wonderful journey of discovery towards the amazing sex life God designed you for.

With humor, research, and lots of anecdotes, author Sheila Wray Gregoire helps women see how our culture's version of sex, which concentrates on the physical above all else, makes sex shallow. God, on the other hand, intended sex to unite us physically, emotionally, and spiritually. Gregoire walks through these three aspects of sex, showing how to make each amazing, and how to overcome the roadblocks in each area we often encounter.

Drawing on survey results from over 2,000 people, she also includes lots of voices from other Good Girls, giving insight into how other women have learned to truly enjoy sex in marriage.



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