



# **Social Psychophysiology for Social and Personality Psychology (The SAGE Library of Methods in Social and Personality Psychology)**

*Jim Blascovich, Eric Vanman, Wendy Berry Mendes, Sally S. Dickerson*

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Psychophysiology methods have become very important in the past decade or so with the increase in the understanding of the relationship between human physiology and behavior. As social behavior research has ventured further into biological waters, more detailed understanding of these methods has become necessary.

This volume meets this need in a very accessible way for the advanced level student upwards. Written by a team of well recognized and well-published social psychophysiologicalists, it leads the reader through some complex but essential areas of understanding for anyone needing to investigate the human biological system and social behavior including the autonomic nervous system, endocrine measures and electromyography.

This text will be perfect for all advanced students and researchers in social and personality psychology using social psychophysiological methods as part of their studies or research.

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