



Mom, Are You There? Finding a Path to Peace through Alzheimer's

Kathleen A. Negri

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“Is peace possible?” How will you cope with caring for a loved one with Alzheimer’s? This book will show you several simple strategies—stepping stones—that can help you find your path to peace as you care for a parent, family member or friend with this illness. Traveling with a loved one through Alzheimer’s can be a gift in your life—if you choose to see it this way. You will discover how, by asking the following questions of yourself and others, you can thrive despite the overwhelming obstacles presented by a devastating illness such as Alzheimer’s: Who can I turn to for information and support? How do I prepare myself for this journey? How can I stay open to the gifts this experience has to offer?

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