



Clinician's Guide to Research Methods in Family Therapy: Foundations of Evidence-Based Practice

Lee Williams PhD LMFT, JoEllen Patterson Phd, Todd M. Edwards PhD LMFT

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A research methods text with a unique focus on evidence-based practice with couples and families, this book bridges the divide between research and clinical work. The text offers comprehensive, user-friendly coverage of measurement and design issues and basic qualitative and quantitative methods. Illustrating research concepts with clinically relevant examples and sample studies, it teaches clear steps for evaluating different types of studies and identifying common threats to validity. Of special value to therapists, it provides a systematic framework for using research to guide the selection and evaluation of interventions that meet the needs of particular clients.

Pedagogical features:

- *End-of-chapter "Applications" sections showing how to evaluate specific methods.
- *Appendices with quick-reference guides and recommended resources.
- *Instructive glossary.

See also the authors' *Essential Skills in Family Therapy, Second Edition: From the First Interview to Termination*, which addresses all aspects of real-world clinical practice, and *Essential Assessment Skills for Couple and Family Therapists*, which shows how to weave assessment into all phases of therapy.

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