



The Life in My Years

Virginia McKenna

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The Life in My Years Virginia McKenna

Virginia McKenna starred in some of the most popular and enduring movies of our time, among them *Carve Her Name With Pride*, *A Town Like Alice* and *Born Free*, in which she played opposite her husband, Bill Travers. After *Born Free* both actors were at the peak of their careers, but the film and all it still stands for changed their lives. Its powerful message stayed with them, and so began a worldwide campaign to save animals from commercial exploitation, "imprisonment" in zoos and loss of their natural habitat.

At the heart of this book is a cry for change in attitude - to respect nature and all that it provides. Virginia McKenna has pushed aside the glamour of movie stardom, the West End and Broadway where she starred in major shows like *The King and I* and *A Little Night Music*. Instead she focuses relentlessly on her personal mission with the *Born Free* Foundation or the plight of orphaned children across the world.

Through the prism of memory a lifetime of experiences, ecstatic, amusing or tragic have flooded back in the form of anecdotes, meditations and poems to form this book.

This book will inspire anyone who cares about the future of the planet and all the creatures dependent on it, including human beings.

Part of the proceeds from each book sold will go to support *Born Free* Foundation campaigns.

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Spent a free time to be fun activity to perform! A lot of people spent their free time with their family, or their friends. Usually they performing activity like watching television, going to beach, or picnic inside park. They actually doing ditto every week. Do you feel it? Do you wish to something different to fill your own personal free time/ holiday? Could possibly be reading a book could be option to fill your free time/ holiday. The first thing that you will ask may be what kinds of guide that you should read. If you want to try look for book, may be the publication untitled The Life in My Years can be excellent book to read. May be it could be best activity to you.

Millie Goodman:

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