

Vegan Recipes Cookbook - Top 200 Vegan Recipes: (Healthy Vegan Food, Weight Loss, Vegan Book, Vegan Diet, Green Food, Dinner, Lunch, Breakfast and Snacks)

Jamie Stewart



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The Most Delicious Vegan Recipes!

Great Variety, Suitable For Everyone, No Cooking Experience Needed, Extremely Easy to Follow Directions!

Free PDF file with photos available at the end of the book

Why Vegan?

There are too many reasons to go vegan. A lot of people are vegans due to the fact they think a meat-free diet is healthy for them. The most of vegans are against cruelty to animals. Those are ethical arguments. Some people believe it's beneficial to the Earth. Those are environmental arguments. Many others are just looking for a change and delicious food. There are a lot of aspects why people become vegan. It does not matter what your personal reasons are. This is the book that can help you with the proper and healthy choices of your daily meals.

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