



## Common Illnesses (Ask Dr. Weil)

*Andrew Weil M.D.*

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## **Common Illnesses (Ask Dr. Weil)** Andrew Weil M.D.

In his #1 New York Times bestseller *Spontaneous Healing*, Dr. Andrew Weil opened our eyes to the body's wondrous ability to naturally heal itself. And after the tremendous response he received from countless readers, he launched the website "Ask Dr. Weil ([www.drweil.com](http://www.drweil.com))," which is a top-rated program on the Internet. Now, in this easy-to-use book, Dr. Weil offers effective methods for dealing with illness.

In *COMMON CURES* Dr. Weil addresses questions such as:

How can I lick Lyme disease?

Is there help for chronic fatigue syndrome?

Can I fight depression without drugs?

How can I get rid of a stomachache?

What is the best cure for a hangover?

And many more!

Whether you are eager to learn about the best path to recovery from illness or just looking to improve your overall well-being, Dr. Weil's expert advice will gently guide you toward the healthier, fuller life you deserve.

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