



The Warrior's Heart: Becoming a Man of Compassion and Courage

Eric Greitens Navy SEAL

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In this adaptation of his best-selling book, *The Heart and the Fist*, Eric speaks directly to teens, interweaving memoir and intimate second-person narratives that ask readers to put themselves in the shoes of himself and others. Readers will share in Eric's evolution from average kid to humanitarian to warrior, training and serving with the most elite military outfit in the world. Along the way, they'll be asked to consider the power of choices, of making the decision each and every day to act with courage and compassion so that they grow to be tomorrow's heroes.

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