



# **Discovering My Autism: Anxiety, Aggression, Depression and ADHD ; A Biopsychological Model with Guidelines for Diagnostics and Treatment**

*Edgar Schneider*

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# Discovering My Autism: Anxiety, Aggression, Depression and ADHD ¿ A Biopsychological Model with Guidelines for Diagnostics and Treatment

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## **Discovering My Autism: Anxiety, Aggression, Depression and ADHD ¿ A Biopsychological Model with Guidelines for Diagnostics and Treatment** Edgar Schneider

This text provides an account of Edgar Schneider, a high-functioning autistic, with attention deficit disorder (ADD), who was misdiagnosed as a schizophrenic in the late 1970s. However, 16 years later, after the chance reading of an article on autistic savants Schneider was alerted to the possibility that he had been wrongly diagnosed. Schneider examines his difficulties with relationships, his high pain threshold, his lack of concentration and his highly absorbent intelligence, all of which are related to his autism. He also describes the pleasure he derives from art, music and literature, the importance to him of his religious beliefs and his work with parents' support groups.

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