



# Cooking Light Global Kitchen: The World's Most Delicious Food Made Easy

*David Joachim, The Editors of Cooking Light Magazine*

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*"It is an exciting time to be in the kitchen with so many incredible, flavorful ingredients from around the globe in our local supermarkets. We can thank globalization for stimulating our taste buds--and for making it easier to eat healthy."* David Joachim, Author *Cooking Light Global Kitchen* brings a world of flavor, texture, and enticing aromas to your everyday meals. In this book, the sometimes intimidating topic of preparing your favorite ethnic-inspired dishes is made *easy*, approachable, and, most importantly, doable for home cooks of any skill level, by using ethnic ingredients easy-to-find in your local grocery store!

New York Times Bestselling author David Joachim, shares fascinating stories behind the world's most loved dishes as well as tips and techniques from 15 notable chefs and experts such as Rick Bayless, Marc Vetri, Michael Solomonov, Lidia Bastianich, Marcus Samuelsson, Jose Garces, Mark Bittman, and many more.

We'll show you how to create Mexican chile rellenos, homemade pasta in the Italian tradition, Thai sticky rice, Egyptian koshari, and many other dishes without venturing further than the supermarket. You'll get a taste of the world without ever leaving home.

- More than 150 recipes from around the world provide adventurous eaters with plenty of options to keep their palates pleased
- Features melting pot recipes blending the flavors of multiple cuisines, appealing to America's love of fusion dishes
- All the recipes are prepared with easy-to-find ingredients, making each deliciously doable
- Full-color images of each recipe brings each dish to life
- A complete nutrition analysis shows readers they can make once-in-a-while favorites into everyday options
- Ingredients: Detailed information about the easy-to-find ingredients that are the basis of many of these international favorites, where to find them (mostly at the regular grocery store these days), and how to know you're picking the best.

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### **From reader reviews:**

#### **Kurt Gomez:**

Playing with family inside a park, coming to see the water world or hanging out with good friends is thing that usually you might have done when you have spare time, after that why you don't try matter that really opposite from that. A single activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you are ride on and with addition details. Even you love Cooking Light Global Kitchen: The World's Most Delicious Food Made Easy, you can enjoy both. It is great combination right, you still desire to miss it? What kind of hang type is it? Oh can happen its mind hangout people. What? Still don't understand it, oh come on its identified as reading friends.

#### **Joyce Cassady:**

Do you one of the book lovers? If yes, do you ever feeling doubt if you are in the book store? Attempt to pick one book that you never know the inside because don't determine book by its include may doesn't work at this point is difficult job because you are scared that the inside maybe not since fantastic as in the outside look likes. Maybe you answer can be Cooking Light Global Kitchen: The World's Most Delicious Food Made Easy why because the great cover that make you consider with regards to the content will not disappooint you actually. The inside or content is definitely fantastic as the outside or cover. Your reading 6th sense will directly direct you to pick up this book.

#### **Jose Higham:**

That publication can make you to feel relax. This particular book Cooking Light Global Kitchen: The World's Most Delicious Food Made Easy was vibrant and of course has pictures on the website. As we know that book Cooking Light Global Kitchen: The World's Most Delicious Food Made Easy has many kinds or genre. Start from kids until teenagers. For example Naruto or Investigator Conan you can read and think that you are the character on there. Therefore , not at all of book are generally make you bored, any it offers up you feel happy, fun and unwind. Try to choose the best book for you personally and try to like reading this.

#### **Donald Spada:**

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